

Katie



The Sunday  
School Lady



## PHILIPPIANS 2 SHINING LIKE STARS

**Scripture:** Philippians 2:12-18

**Open:** Greet, Praises, Requests, Pray

**Supplies:** 2 highlighters (1 fluorescent, 1 not), 3 cups, water, black light flashlight, cards printed out from the end of the lesson.

### Ask:

Does anyone remember what book we're studying? (Philippians)

Who wrote Philippians? (Paul)

Can anyone remember anything about the beginning of the Philippian church?

Today, we're going to read in chapter 2 of Philippians. Right before the section we are going to read, Paul basically gives the gospel message in a few sentences. Can anyone tell me what the gospel message is? (If kids struggle, go through Philippians 2:5-11. Take as much time on this as they need to understand, it's the most important!)

So we're going to read what's right after that. It's because of this good news, that Paul wants us to do what we're about to read.

**Read:** Philippians 2:12-18

### Explain:

Paul longs for the readers and us to live lives that look different. We were never meant to come to Jesus and not do anything after. To follow Jesus means to change each day to be more like him. We can't do this on our own, but through the power of his Holy Spirit at work within us, we can become more like Jesus.

When we do, when we live different, Paul says we shine like stars. Let's do an experiment with glowing!

**Activity:**

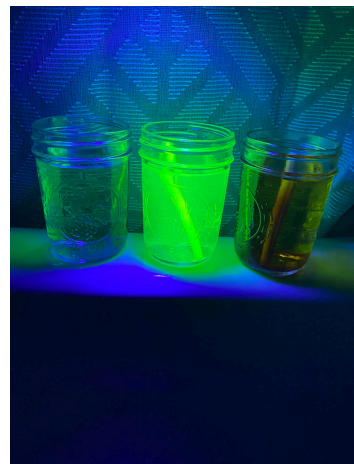
Take the caps and back caps off the highlighters. Place each of these in their own cup of water. Allow the ink to seep into the water.

Fill the third cup with just water for the control.

Once the water is colored, bring it into a dark room and ask the kids what they think will happen. Will both glow?

Shine the light on each jar. The fluorescent light will glow.

See, even when we try to do everything right, on our own we don't glow. But when we are filled with the Holy Spirit, he changes us from the inside out. He starts to make us more and more like Jesus as we walk in obedience to the Word of God.



### **Play a Game**

In a pile face down, have cards with animals or objects on them.

In another pile face down, have cards with a complaining word (Cards will be at the end of the lesson).

The kids are going to build a complaint. They have to pick a card from each pile and make the most obnoxious complaint they can about it.

Note: These all have a pair, but because they're picked in random order, they will become nonsense. Have fun with it and see who can act out the best grumbling/whiny voice.

### **Apply:**

Grumbling and complaining is easy. It's normal. How different would we look if we didn't? If your parents ask you to do a chore, if your coach has your team running laps, if your teacher gives a hard assignment, you will stand out and shine like a star if you do it without complaining or grumbling. If you take on this challenge, someone might notice. They might ask why you aren't mad. You can use that moment to tell them about how you want to complain, but God calls us not to in his word. You get a chance to share the gospel!

This week, try to spend one day without complaining. How far do you get? Each day, try to go a little longer. Start to notice what makes you complain and try to be aware before going into those situations. Pray before them, and see how God starts to shape and change you.

**Memorize:** Philippians 2:14

**Close in Prayer**

Moose	Alligator	Monkey	Lemur
Hat	Oven	Cat	Shoe
Mouse	Room	Bed	Soccer Ball
Eyes	Home- work	Worm	Bunny

ate my  
sandwich

stole my  
banana

smells funny

is so  
tired

feels weird

is broken

scratched me

hurt my foot

made a hole in  
the wall

is too small

is lumpy

is flat

itchy

too hard

slimy

ran away